Rowe Referrals

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The Eye Clinic

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How to apply eye medications









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How to apply eye medications

Why do I need to apply eye drops so often?

The duration of activity of each eye medication is different. It is therefore important to administer the eye drops and ointments consistently and at regular time intervals, otherwise the treatment may become less effective.

How should I apply eye drops?

Before administering any eyedrops or ointments, please wipe away any discharge from previous eye medications using boiled water and cotton wool or pads.



If you are right handed, hold your left hand under the chin of your pet to raise their head towards the ceiling. This will naturally make the eyes open. Hold the dropper bottle in your right, resting the palm of your hand on your pet's forehead. Slightly raise the upper eyelid with your little finger and squeeze the dropper bottle to let one drop fall directly into the eye. Keep the head in this position for a few seconds, and prevent your pet from excessively shaking or rubbing their head immediately after application of the eyedrop.

How should I apply ointments?

Before administering any eyedrops or ointments, please wipe away any discharge from previous eye medications with boiled water and cotton wool or pads.

As you would apply eye-drops, gently raise your pet's head with your left hand. Hold the ointment tube in your right hand and

gently squeeze the tube to apply ointment just inside the eyelid. Avoid touching the eye with the tip of the tube or scratching along the surface of the eye with it by maintaining contact with your pet via the palm of your right hand on its head. After application, gently close the eyelids and hold them closed as this will help to disperse the ointment . Alternatively, if this method of application is not possible, you can apply the ointment on the tip of a fresh cotton bud and gently apply it directly to the eye.



How much ointment/how many eye drops do I need to apply?

If you are applying eye drops one drop is sufficient, as any excess eye drops will cause spill over and may reduce the desired treatment effect. When applying ointments, aim for roughly the size of a grain of rice.

What if I need to apply several different eye drops?

We recommend allowing 5-10 minutes between 2 different types of eye drops and at least 3 hours between different ointments. We therefore recommend applying eye drops before ointments.

Can there be side effects?

Yes, as with any medical treatment both short- and long-term side effects are possible with any eye drop/ointment. It is not unusual for animals to blink frequently after application of eye medications, or even try to rub their eyes. However, this effect should stop after only a few minutes. If you notice redness or discomfort several minutes/hours after application, please contact us, as this may be a sign of discomfort.

If you have any further questions regarding this or any other condition feel free to contact us.